

## WEEK 3

### THEORY & PRACTICAL (START PRACTICE PIERCING)

1. PIERCING TECHNIQUES
  - a. Instrument Handling
  - b. Needle Gauge
  - c. Needle Positioning
  - d. Holding the Needle
  - e. Pushing the Needle
  - f. Needle Types
  
2. JEWELLERY INSERTION
  - a. North American Insertion
  - b. European Insertion
  - c. Jewellery Types (CBR, BB, PTFE, Etc.)
  - d. Tips & Techniques
  
3. JEWELLERY POSITIONING
  - a. Initial Positioning
  - b. Bracing Surrounding Tissue
  - c. Final Positioning
  - d. Cleaning and Marker Removal